

## Vietnam Emergency Healthcare and Nutrition Project Report FY17 Annual Update

### Project Profile

Programme Goal	To improve health and nutrition status of children aged 0 to 5 years old			
Programme Outcomes	#1	Improve access to hospital treatment, in particular for children from vulnerable families or children who are ill		
	#2	Improve access to feeding programmes and proper nutrition		
	#3	Improve the ability of mothers and caregivers to care for malnourished children under 5		
Programme Beneficiaries	Girls	220	Boys	232
	Women	152	Men	-
	TOTAL			604, of which 152 children are stunted and 300 children are vulnerable

### Impact of Medical Treatment

- **65 children classified as most vulnerable** received health check-ups and medical treatment
- **43 most vulnerable children** who had more severe illnesses were taken to the central hospitals for treatment to access better healthcare. After the treatment, all 43 children are in better health condition
- Proportion of children with Acute Respiratory Infections receiving treatment increased from **27.9% to 68.3%**
- Proportion of children with diarrhoea receiving treatment increased from **12.1% to 72%**



Health check-up for sick children in progress

### Impact of Improved Nutrition

- **446 poor families** with malnourished children were given aid to provide children with food and drinks that were rich in protein
  - For example, families were taught how to make soya bean milk and were provided with blenders to make the drink frequently for malnourished children
- Overall **stunting rate** of children under 5 has reduced from **16.8% in Dec 2015 to 15.5% in June 2016 to 13.3% in June 2017**. This reflects a downward trend in child malnutrition in the community



Every three months, stunting levels in children are measured to support mothers in following up with their children's growth

- Proportion of stunted children who received adequate daily nutrition and meals increased from **57.5% to 87.5%**
- Proportion of mothers providing exclusive breastfeeding to their infants increased from **36.6%** (baseline) to **60.8%** (two years later). At the end of the project, an estimated 90% of mothers are giving exclusive breastfeeding to their children
- Proportion of most vulnerable children who now have adequate daily nutrition increased from **57.5% to 87.5%**

**Impact of Capacity Building**

- Families with most vulnerable children were provided with additional food and income sources
  - 55 families benefitted from cow raising
  - 21 families benefitted from pig raising
- **220 households with stunted children** provided with support for home gardening and chicken raising, resulting in improved nutrition levels in these families
- Proportion of parents and caregivers from vulnerable families who are able to provide improved healthcare and nutrition for their children increased from **64% to 86%**
- Proportion of mothers and caregivers of children attaining basic knowledge in nutrition and healthcare through nutrition clubs, trainings and health consultations increased from **37% to 100%**



*A mother uses the blender provided by World Vision to make high nutrition meals for her malnourished toddler*



*Families with stunted children are empowered with knowledge and skills on establishing nutrition gardens and raising chicken to provide proper nutrition for their children*



*Mothers and caregivers of malnourished children attend seminars, nutrition demonstration, consultations and even contests to improve their knowledge on caring for their child's nutritional well-being*

## **Real Help, Real Hope**

Bui Thi Anh's father fears for the safety of his daughter every day. Born deaf and mute, sometimes his little girl would wander on to the road. *"Sometimes when she goes out on the road, she cannot hear the car or motorbike's horn. I get extremely scared,"* says Mr Bui. At a tender age of 7, she already had a few near death experiences. But thankfully, an accident was averted each time due to the vigilance of her father.

He struggles to provide for her. With his elderly mother, three daughters and his wife to provide for, sometimes his family has to go without food. Because of their financial difficulties, Thi Anh stopped going for treatment and check-ups.

With World Vision's support, Thi Anh's father was finally able to bring her to the Central Paediatric Hospital for a check-up. There, he found out that his daughter can actually be rehabilitated. But he could not afford the expensive hearing aid.

With the Emergency Medical funds provided by World Vision donors and the support of their relatives, Thi Anh was finally able to have her own pair of hearing aids.



*"I took my daughter back to hospital again to try the machine, she seemed so surprised when she could hear some words at the beginning. Observing her first reaction, her emotions, I am so moved. Now, my daughter will have the chance to hear and speak. I will try to support her at home. I expect that now she can go to school and join the other children in the village. I am so thankful to World Vision for this valuable support to our daughter."*