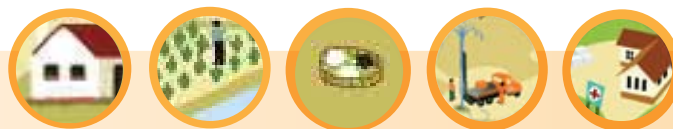


Hpa-an (Chit Kyin Nar)

Area Development Programme

Myanmar



Geographical Location

Hpa-an Township, Kayin State, Myanmar

Brief Information

Land Area: 2903.13 sq/ km

People group in Hpa-an: 50% Karen, 20% Mon, 20% Myanmar and 10% other small ethnic groups

Main livelihood of people in Hpa-an: Agriculture with a few people earning their living by husbandry and small business

Target beneficiaries: 28,267 persons

Programme lifespan: 2002-2018

Indicative budget: SGD 4,338,083

Project Goals

The overall goal of Chit Kyin Nar ADP is to improve the quality of life of the target communities by enhancing the capacity of the communities and empowering them, so that they will be able to identify and address their basic needs by using available resources appropriately, leading to sustainable and holistic transformational development.

With the support and care of Singapore's child sponsors, World Vision aims to help the children and families of **Chit Kyin Nar ADP** attain self-reliance by September **2018**.

<http://www.topnews.in/files/bangladesh-map.gif>



Background

World Vision Myanmar's (WVM) initial interventions in Karen State focused on HIV/AIDS prevention and education. It then extended to cover other sectors of development, such as the children in need of special protection. World Vision Myanmar realised the need to take a long-term approach to an Area Development Programme (ADP) and from October 1, 2001, worked with the community in Karen State on the pre-implementation stage. The official implementation started from 2002, targeting children and families from ethnic minority and engages primarily in agriculture.

Key Challenges

1. Limited health facilities and lack of access to health facilities
2. HIV/AIDS issues particularly related to the youth
3. Limited educational opportunity for children due to shortage of schools and teachers
4. Lack of community organisation structure





Key Interventions

Health, Sanitation & Water

World Vision has found that mothers and their children are the most vulnerable members of any society. Leading causes of death in under-five children are pneumonia, diarrhea, health problems during the first month of life and malnutrition, which is linked to one third of all child deaths. The lack of clean water, basic sanitation and good hygiene also worsens the health status of a community as it spreads disease and infection, costs lives and increases the infant mortality rate. The project seeks to improve the health status of the people in the communities of Hpa-an ADP, especially women and children by assisting to provide a comprehensive primary healthcare system focused on reproductive and child health, a community-based nutrition rehabilitation system, an appropriate environmental sanitation programme and HIV/AIDS awareness education and prevention activities through activities such as:

- Assisting to provide health, nutrition and HIV & AIDS training (e.g. related to acute respiratory infection, diarrhea, immunisation, family planning, antenatal care, postnatal care, oral rehydration therapy, dengue fever, tuberculosis and the use of basic medicines)
- Provision of essential drugs and necessary equipment (e.g. basic medicine kit) to health volunteers and necessary medical and social support to the poorest of the poor in the community
- Facilitating and conducting health education (e.g. regarding HIV & AIDS) talks in the community
- Assisting to improve community access to basic health services
- Assisting to implement a supplementary feeding programme in the community
- Assisting to provide tube well, sanitary latrine and proper drainage system

Education

Myanmar National Education Policy aims to reach the goal of "Education for All" which means everyone (regardless of all age groups) should be able to read and write, every school-going child should attend the school and schools should have no dropouts. In collaboration with the department concerned, World Vision seeks to improve the education and welfare of children living in the area of Hpa-an ADP by assisting to provide community-based child care services, support school children from poor families to continue their education and improve study performance, strengthen and improve school health programmes in schools, improve the quality of water and sanitation in schools, improve early childhood, primary and middle education through activities such as:

- Assisting to organise training on early childhood development and day care services
- Assisting to provide day care centers
- Assisting with teachers to provide necessary support to children to continue their education (e.g. school fees and stationeries)
- Assisting to provide, health education (personal hygiene and water and sanitation), education materials and essential first aid medicine to school children, teachers or schools
- Assisting to support provision of facilities for education such as space, building, school libraries, school furniture, teaching aids and other teaching facilities
- Assisting to support the renovation of access roads, bridges, latrines, fences and wells



Economic Development

Household income is an area of concern in the township. Many heads of the family and youth are unemployed due to a lack of opportunities for jobs in the township. So they cross the border and migrate to Thailand for job. The project seeks for the economic situation of the community living in Hpa-an ADP to be improved by assisting to increase the capacity of the community to solve and manage their economic problem through activities such as:

- Assisting to provide vocational skill training programmes
- Assisting to create job opportunities
- Providing loans to start or expand businesses to vulnerable groups within the community through Micro Finance Programme

Community Organisation

In order for a sustainable development of the community, there needs to be leaders who represent and lead the community in continuing development activities and participation from the community. Hence, the project seeks to increase the community's awareness and practice of holistic and transformational development by assisting to form community development groups through activities such as:

- Identifying and recruiting community development volunteers (CDVs)
- Training CDVs in skills and concepts for carrying out development activities
- Developing plans with community development groups to take over management and monitoring of development activities

Disaster Preparedness & Relief

The project seeks to enhance the capacity of the community in the disaster preparedness and relief strategy through activities such as:

- Assisting the community to plan appropriate disaster preparedness programme
- Assisting to form relief action team



Through these community interventions, World Vision aims to strengthen the leadership in the community by increasing their self-esteem and developing their potential in managing their own development process, moving them towards sustainable change, development and a better future for their children.

With the support and care of Singapore's child sponsors, World Vision aims to help the children and families attain self-reliance by September 2018. The children and families in Chit Kyin Nar ADP can only do this together with your help!

Thank you for walking this journey of faith and transformation with the children, families and World Vision!

Impact story: Maternal and Child Health

Shwedaw village tract is one of the target areas of Chit Kyin Nar ADP and houses 4 villages. The villagers from these villages have little knowledge in health and women are especially not aware of maternal and child health. They have never been interested with the health education and services provided by Basic Health Staff. So, they have experienced difficulties especially during delivery times in the past.

In 2003, World Vision Myanmar implemented the health project, including maternal and child health in the project area with the cooperation of Basic Health staff, Community Development Group (CDG) members, Community Development Volunteer (CDV) through health training, awareness education and medical support. The villagers now have more health knowledge and women from these villages are also more aware about maternal and child health.

The midwife from the Rural Health Center said "Previously, we have difficulty organising villagers to receive the provided health service. But after when World Vision started its health project and mobilised the village communities with cooperation of CDG members and CDVs, the villagers are now aware of how to received health service from us. Now the pregnant women regularly come to me without me having to inform them".

One of the pregnant women from Kau Pran village said "In the past, we did not have knowledge on using vitamins when pregnant, even when we could afford to buy it with our own money. After World Vision provided education and support with the cooperation of our village health staff, we now have knowledge on maternal health and also how to use the vitamins".

One of the pregnant women from Kau Ei Mike villages said "Before World Vision's assistance, we did not have knowledge on maternal care before and we do not have money to buy vitamins as we are poor. We also face problems at times during delivery. Now we have knowledge on maternal care, we receive vitamins support by World Vision and know how to use it through health staff. We thank World Vision for helping us".